



IOGKF
Slovakia

9. Twin City Gasshuku

3.6.-5.6.2022

Bratislava



IOGKF
Austria

Sensei Tetsuji Nakamura

(7.Dan Okinawa Goju Ryu Karate,
IOGKF World Chief Instructor,
Chief Instructor of IOGKF Canada)

Sensei

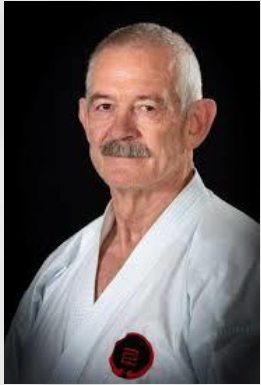
Bakkies Laubscher

(9.Dan Okinawa Goju Ryu Karate,
Chief Instructor of IOGKF South Africa,
Technical Advisor of IOGKF International)

Sensei Raoul Vogel

(7.Dan Okinawa Goju Ryu Karate,
Chief Instructor of IOGKF Austria)

www.suokk.sk



Sensei Bakkies Laubscher 9th Dan

Chief Instructor of IOGKF South Africa, Technical Advisor of IOGKF

Bakkies Sensei was born in Bethlehem, South Africa on 30. November 1948.

His karate career started in 1964 practicing Kyukushinkai. 1965 he changed to Shotokan (JKA) and was graded to Shodan at the age of 16. In 1966 he commenced training in GoJu Ryu and in 1972 he trained under Higaonna Sensei for the first time when he visited South Africa for 3 months. During 1973 he spent 6 months training in Higaonna Sensei's famous Yoyogi dojo in Tokyo, Japan.

In the following years he regularly trained in Japan and Okinawa. He is one of the few Westerners who still trained in Okinawa during the „old days“, experiencing a training intensity that not many Karate-ka would survive.

Despite major successes in sport karate (South African national team; 5th place World Individual Kumite Championships; quarter finals Los Angeles Championships 1975, etc) he has devoted himself to traditional karate since 1975.

In October 2015 during the IOGKF Chief Instructor Gasshuku in Okinawa Bakkies Sensei's life master Higaonna Sensei graded him to KuDan (9th Dan) He became the first student and the first Westerner to receive such honour. Bakkies Sensei runs courses and Gasshukus all around the world.



Sensei Tetsuji Nakamura, 7th Dan

World Chief Instructor of IOGKF, Chief Instructor of IOGKF Canada

Nakamura Sensei was born in 3 April 1965 in Osaka, Japan. He started training martial arts at the age of 12 in Judo. He trained 5 times a week. At the age of 15, he started training Goju Ryu and continues at Kagawa University. As he was going on vacation to Okinawa, his Sensei gave him the contact of his original teacher in Okinawa, Sensei Shuichi Aragaki. Aragaki Sensei agreed and Sensei Nakamura trained with him during the holidays. Sensei Aragaki told him stories about his training with Sensei Chojun Miyagi and Sensei Nakamura was fascinated by the technique and strength of this little man. He later returned to Okinawa and practiced regularly with Sensei Aragaki. When Sensei Higaonna returned to Okinawa for a while in 1991, Sensei Nakamura also trained with him. He later moved to the United States, where he trained and lived with Sensei Higaonna and became his UchiDeshi. In 1995, he moved with him to Tokyo, where he continued under his leadership with hard training. In 1997, he moved to Canada, where he lives to this day.

In 2012, Higaonna Sensei appointed Sensei Nakamura as IOGKF World Chief Instructor. Since then, Nakamura Sensei diligently travels and spreads Okinawa Goju Ryu and the IOGKF all around the world. He is the Chief Instructor and owner of the Shudokan Family Karate Center in Burlington, Canada, where he and his assistants teach full-time Karate.



Sensei Raoul Vogel, 7th Dan

Chief Instructor of IOGKF Austria

He was born on 1 August 1961 in Cape Town, South Africa. When he was 3 years old, his parents moved to Windhoek, Namibia, where he grew up. He has been a very active person since he was a child. He played tennis and swam and in high school he was even on the national team. However, he also liked films with Bruce Lee, and in 1976 he began practicing Goju Ryu Karate with his brother. In 1979 when Sensei Hennie de Vries moved to Windhoek and revived Goju Ryu Karate, Sensei Raoul joined his Dojo and started to practice regularly. After about 4 years, he was awarded the degree of Shodan by Sensei Etienne Coetzee. Over the next two years, he and his brother qualified the Namibian National Karate Team and participated in various international events. After a while, however, he decided to end his sports career and since then he has been fully engaged in traditional karate.

In 1985, he moved to South Africa and began training with Sensei Tony de Beer. During the following years he lived in South Africa, returned to Namibia, 2 years in Germany and then back in South Africa. During these years he advanced to the level of 4th Dan. He started attending seminars and Gasshuku of Bakkies Sensei and since then considers him his personal teacher.

In 2001, he left South Africa for good and moved to Germany, and a year later to Austria, where he lives to this day. There he opened his own Dojo in 2005 and IOGKF Austria was born. He works closely with IOGKF Slovakia and leads seminars and Gasshuku in Austria, Slovakia and other countries. His motto is "Karate-ka is always fit because you don't know when your next match is!"



IOGKF Austria

The beginning of IOGKF-Austria can be dated back to April 2002, when the present chief instructor, Sensei Raoul Vogel, arrived in Vienna. The many hours of hard common training followed by long conversations resulted in the decision to open a Dojo to pass on the values of traditional Karate-Do. In September 2005 he formed IOGKF-Austria. Here he presents his knowledge and experience and hopes to transmit the „spirit and essence (gokui) of Karate“ to students.

IOGKF-Austria is currently run by Sensei Raoul Vogel and Sensei Ilona Szöcz. Their training focus is traditional – self-defence and ethical / moral values. They strictly follow the teachings of Miyagi Chojun Bushi incorporating modern scientific sport training methods into their approach.

Over the years since formation of IOGKF Austria they have formed a strong affiliation with the joint presenters of this event, IOGKF Dojo Slovakia. Regular trainings in Vienna and also in Bratislava enhance and strengthen the cooperation. In addition, GoJu Ryu dojo in Linz and GoJu Ryu Dojo in Salzburg are members of IOGKF Austria.

In summary, after many years of hard work trying to convince potential students of the value of their teachings, they are finally reaping the rewards and are looking forward to a rosy future with more positive developments for IOGKF-Austria.



IOGKF Slovakia

The official start of IOGKF Slovakia is dated in September 2007, when this organization became a part of worldwide IOGKF. But the real beginning was in January 2004, when the present instructors started cooperating with IOGKF representatives in Czech Republic. They wanted to practice traditional Karate-Do with all values and methods of „old days“.

These days IOGKF Slovakia closely and strongly cooperates with IOGKF-Austria not only by regular trainings but also by organizing Gasshukus twice per year. They also have good contacts with IOGKF organizations and members' clubs all around the world.

The Slovakian Dojos are run by Sensei Igor Vakoš and by him appointed instructors. The Slovakian branch itself is administrated by Slovak Union of Okinawat Karate and Kobudo Kai.

Trainings are oriented very strictly on the tradition of Karate handed down from Miyagi Chojun Bushi to Miyagi An'ichi Shihan and to Higaonna Morio Shihan. Focus is on practical self defence, traditional forms (Kata) and use of the forms (Kata Bunkai) exploring the legacy given to all practitioners of Karate-do through the generations.

Instructors of IOGKF Slovakia keep training hard and spreading technical, ethical and moral aspects of IOGKF literally through entire Slovakia. They also continue developing their knowledge on national and international Gasshukus.

Gasshuku Information:

Date: 3 to 5 June 2022

Place of Gasshuku: **3 June:** High School of Jur Hronec, Street Novohradska 316, Bratislava

4 to 5 June: House of Sport (Dom športu), street Junacka 6, Bratislava

Timetable of Gasshuku:

(subject to change at the discretion of the organizers)

Friday: 19:00 – 20:30 All Grades

Saturday: 09:00 – 10:00 Black Belts
10:15 – 11:15 All Grades
11:30 – 12:30 All Grades
12:45 – 13:45 All Grades
14:00 – 15:00 All Grades

Sunday: 09:00 – 10:00 Black and Brown Belts
10:10 – 11:10 All Grades
11:20 – 12:20 All Grades
12:30 – 13:45 All Grades

Gasshuku Fee:

Early Birds till 15 th of May		After 15 th of May	
IOGKF Members	Non IOGKF	IOGKF Members	Non IOGKF
75 €	85 €	85 €	95 €

Dan Gradings: On Twin City Gasshuku Dan gradings will be held. Gradings will be Saturday, 4.6. 16:00-18:00. Normal grading fees apply. For more informations please contact organizers of Twin City Gasshuku

Sayonara Party: 25 € per person, included hot buffet, soft drinks, beer and wine
Place of Sayonara party will be Hotel Nivy, Líščie Nivy 3, Bratislava

Applications: can be placed as group via excel document, or individually on link <https://forms.gle/EB23ThvKV2tRvtF26>

Notes:

1. Gasshuku organizers shall not be held responsible for any lost valuables.
2. At the Gasshuku the use of video cameras is strictly prohibited!!! Persons who do not comply will be asked to leave the facilities!!!
3. **Disclaimer:** The organizers, location management and staff, the Gasshuku-Leader and other trainers and assistants do not accept any liability or responsibility of whatever nature. By participating in the Gasshuku every participant implicitly declares that he/she has the necessary physical constitution to participate in the Gasshuku and is fully aware that a Gasshuku implies physical challenges.
4. **Contact and more informations** available on: Web: www.kobudo.eu, e-mail: igor@kobudo.eu, gasshuku@kobudo.eu, or by calling +421 903 759 212

(Sensei Igor Vakoš)

Recommended Accommodation: Hotel Nivy, Líščie Nivy 3, www.hotelnivy.sk,
hotel@hotelnivy.sk, use special promo code “Karate2022” for discount

Kodomo no Gasshuku

Date: 4 to 5 June 2022

Place of Gasshuku: Elementary School, street Za kasárňou 316, Bratislava

Along with Twin City Gasshuku, there will also be a children's Gasshuku led by chief instructors and country instructors. Children aged 6 to 11 will have the chance to train directly with Sensei Bakkies Laubscher (9th Dan IOGKF), Sensei Tetsuji Nakamura (7th Dan IOGKF), Sensei Raoul Vogel (7th Dan IOGKF), Sensei Jaroslav Kulik (5th Dan IOGKF, Chief Instructor of IOGKF Czech Republic), Sensei Igor Vakoš (5th Dan IOGKF, Chief Instructor of IOGKF Slovakia) and others. The trainings will take place in the Dojo cca 400 m from the place of Twin City Gasshuku and will be assisted by qualified assistant instructors.

Timetable of Kodomo no Gasshuku:

(subject to change at the discretion of the organizers)

Saturday: 10:15 – 11:15 All Grades
11:30 – 12:30 All Grades
12:45 – 13:45 All Grades

Sunday: 10:10 – 11:10 All Grades
11:20 – 12:20 All Grades
12:30 – 13:30 All Grades

Gasshuku Fee:

	Early Birds till 15 th of May		After 15 th of May	
	IOGKF Members	Non IOGKF	IOGKF Members	Non IOGKF
Children	40 €	50 €	50 €	60 €

Applications: can be placed as group via excel document, or individually on link <https://forms.gle/EB23ThvKV2tRvtF26>

Notes:

1. Gasshuku organizers shall not be held responsible for any lost valuables.
2. At the Gasshuku the use of video cameras is strictly prohibited!!! Still cameras may only be used with the express permission of the Gasshuku organizers. Persons who do not comply will be asked to leave the facilities!!!
3. **Disclaimer:** The organizers, location management and staff, the Gasshuku-Leader and other trainers and assistants do not accept any liability or responsibility of whatever nature. By participating in the Gasshuku every participant implicitly declares that he/she has the necessary physical constitution to participate in the Gasshuku and is fully aware that a Gasshuku implies physical challenges.
4. **Contact and more informations** available on: Web: www.kobudo.eu, e-mail: igor@kobudo.eu, gasshuku@kobudo.eu, or by calling +421 903 759 212
(Sensei Igor Vakoš)

Recommended Accommodation: Hotel Nivy, Líščie Nivy 3, www.hotelnivy.sk,
hotel@hotelnivy.sk, use special promo code “Karate2022” for discount